

February 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Gentle—Intro level</i> <i>Basics—Level 1</i> <i>HOT—Level 1/heated</i> <i>Power—Level 2</i>	<i>Jan 30</i> 9:30am Basics -Suz 5:30pm Gentle -Suz 7pm Core -Laura	<i>Jan 31</i> 7:30am Men's Basics 10am Basics -Laura 6pm Basics -Suzanne	1 9:30am Basics -Suz 4:30pm Basics -Laura 6pm Hot Power	2 10:00am Basics -Laura 5:30pm Gentle -Suz 7pm HOT Yoga	3 9:30am Basics -Suz 5:30pm Basics (5\$ Fridays)	4 9:00am Basics
5	6 9:30am Basics -Suz 5:30pm Gentle -Suz 7pm Core -Laura	7 7:30am Men's Basics 10am Basics -Laura 6pm Basics -Suzanne	8 9:30am Basics -Suz 4:30pm Basics -Laura 6pm Hot Power	9 10am Basics -Laura 5:30pm Gentle -Suz 7pm HOT Yoga	10 9:30am Basics -Suz 5\$ Friday 5:30pm Cash only	11 9:00am Basics
12	13 9:30am Basics -Suz 5:30pm Gentle -Suz 7pm Core -Laura	14 7:30am Men's Basics 10am Basics -Laura 6pm Basics -Suzanne	15 9:30am Basics -Suz 4:30pm Basics -Laura 6pm Hot Power	16 10am Basics -Laura 5:30pm Gentle -Suz 7pm HOT Yoga	17 9:30am Basics -Suz 5\$ Friday 5:30pm Cash only	18 9:00am Basics 10:30am FREE Intro to Yoga
19 <i>HOT YOGA 4PM</i> <i>\$10 drop in rate</i>	20 9:30am Basics -Suz 5:30pm Gentle -Suz 7pm Core -Laura	21 7:30am Men's Basics 10am Basics -Laura 6pm Basics -Suzanne	22 9:30am Basics -Suz 4:30pm Basics -Laura 6pm Hot Power	23 10am Basics -Laura 5:30pm Gentle -Suz 7pm HOT Yoga	24 9:30am Basics -Suz 5\$ Friday 5:30pm Cash only	25 9:00am Basics
26 <i>HOT YOGA 4PM</i> <i>\$10 drop in rate</i>	27 9:30am Basics -Suz 5:30pm Gentle -Suz 7pm Core -Laura	28 7:30am Men's Basics 10am Basics -Laura 6pm Basics -Suzanne	29 9:30am Basics -Suz 4:30pm Basics -Laura 6pm Hot Power	MAR 1 10am Basics -Laura 5:30pm Gentle -Suz 7pm HOT Yoga	MAR 2 9:30am Basics -Suz 5\$ Friday 5:30pm Cash only	MAR 3 9:00am Basics